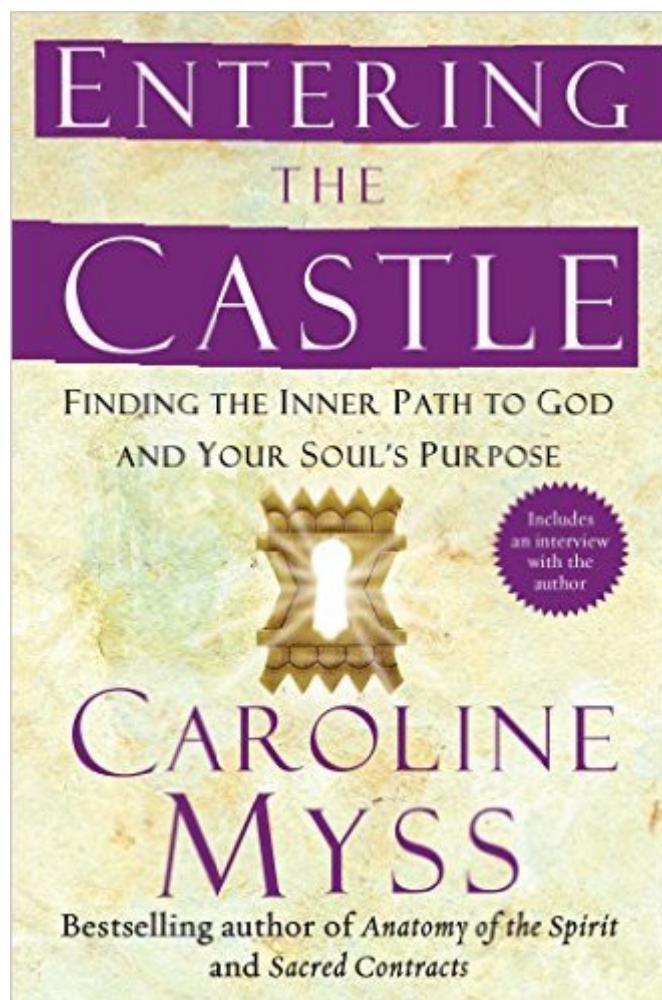


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# Entering The Castle: Finding The Inner Path To God And Your Soul's Purpose



## **Synopsis**

Internationally renowned motivational teacher and popular theologian Caroline Myss has created a transcendent work of unique insight and revelation in Entering the Castle. A highly original inner path to self-knowledge, the Castle is also the road to spiritual knowledge of God and your own soul. In fact the soul is your spiritual castle and doing interior soul work helps you find your path in the world. Teresa of Ávila's vision of the soul as a beautiful crystal castle with many mansions, and many rooms within those mansions, is the template for this modern spiritual journey on which you meet different aspects of your self and spirit and prepare for the ultimate encounter with God and your own divinity. Seven stages of intense practices and methods of spiritual inquiry develop your personal powers of prayer, contemplation, and intuition, which in turn reinforce your interior castle and build a soul of strength and stamina. With stories and inspiration from mystics of all traditions, Entering the Castle is a comprehensive guide for the journey of your life -- a journey into the center of your soul. There, peace, God, and a fearless joy wait for you to discover them...and claim them for your own.

## **Book Information**

Paperback: 416 pages

Publisher: Atria Books; Reprint edition (January 1, 2008)

Language: English

ISBN-10: 074325533X

ISBN-13: 978-0743255332

Product Dimensions: 5.5 x 1 x 8.4 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 starsÂ See all reviewsÂ (158 customer reviews)

Best Sellers Rank: #29,592 in Books (See Top 100 in Books) #19 inÂ Books > Christian Books & Bibles > Theology > Mysticism #24 inÂ Books > Religion & Spirituality > Other Religions, Practices & Sacred Texts > Mysticism #97 inÂ Books > Science & Math > Chemistry > General & Reference

## **Customer Reviews**

Let me begin by noting that I enjoyed Sacred Contracts and its multicultural perspective on understanding your soul very much. It was my enthusiasm for that work that led me to Entering the Castle. I was taken aback to find that Entering the Castle is an ecumenical reader's guide to St. Teresa of Avila's The Interior Castle. If I had known that, I would have read The Interior Castle instead for a deeper Christian reading on St. Teresa's mystical experiences and guidance for the

rest of us. If you aren't a Christian, you may like Entering the Castle because the book is careful not to take a Christian perspective while referencing figures from the faith. Jesus, for instance, is typically described as a spiritual figure rather than the son of God. Although Caroline Myss describes herself as a Catholic, her personal beliefs seem to be that all religions are essentially identical. It's more of a Unitarian view than a Catholic description of religion. If you are a Christian, why wouldn't you want a purely Christian perspective? The book is very slow to begin. It takes around a hundred pages before you reach the first part of what St. Teresa of Avila described. I didn't find the writing to be tight and engaging like the writing is in Sacred Contracts. St. Teresa wrote about her mystical experiences as a kind of roadmap that someone can follow who wants more a more direct relationship with God. As described in Entering the Castle there are seven metaphorical mansions in the castle. Within each mansion, there are rooms that represent stages of mystical experience and development. These rooms are described as exercises for you to do. There's a caution that St.

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